

Jesus Ascends to Heaven

Acts 1:1-11



WATCH THE VIDEO



<https://www.youtube.com/watch?v=JJ7szCknRHY&t=6s>

Today you will learn:

Believers are never alone because the Holy Spirit lives inside their heart.



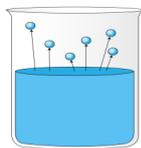
In today's story, the disciples watch as Jesus is taken up into Heaven. He promises to send them a special Holy Spirit helper, and lets them know He will always be with them.

Since Jesus went up into the sky, here are some fun science activities linked to clouds and sky and games using things you can throw in the air.



1. Evaporation

- * Put a glass measuring jug of water outside.
- * Every hour write down the water levels.
- * You should notice the water level goes down as the day goes on. This is called evaporation. (Note: this works best in sunny weather.)



2. Throwing things in the air

- * Have some fun tossing things into the air!
- * **Shaving foam** (Ask Dad first if you can use his shaving foam)
- * Make some "clouds" on the patio or pavement with shaving cream. Watch them change shape and disappear like real clouds.

- * Rain cloud experiment. (Parents should supervise this experiment).

You will need:

- ⇒ Glass or jar
- ⇒ water
- ⇒ dropper
- ⇒ shaving cream
- ⇒ food colouring (preferably blue to represent water but any colour you have will do)



- * Ask your child to pour water into the glass, leaving about 2.5 cm from the rim.

- * Carefully add a layer of shaving cream to the water. Be sure not to make it too thick or you'll find you're having to wait a long time for the magic to begin and that's a bit boring. The shaving cream represents a cloud and the water is the atmosphere.

- * Add a few drops of blue food colouring to the shaving cream. The weight of the food colouring will start to push through the shaving cream and fall down through the water that's in the glass! This will look just like streaks of rain falling
- * Use simple language to help children make a connection with what they are seeing in the glass and what they see in their own environment. Not all children will understand the concept but that's fine. Do this experiment outdoors so you can directly point to some of the clouds outside. Explain that the darker grey clouds are heavy with water droplets or rain (the food colouring) and that soon enough it would break free and begin falling to the ground, much like we could see in the experiment.



<https://laughingkidslearn.com/rain-cloud-science-experiment/>

Balloons. (*Balloon games should be played indoors as balloons can be dangerous to the environment and wildlife if they float away.*)



* See how many times you can play balloon catch with someone before it touches the ground
 * Play "keepy uppies". Use your hands or feet to keep the balloon off the floor. Make it more challenging by sitting on the floor or holding hands with your family in a circle.



* **Beanbags**—Here is a link for an easy way to make beanbags



<https://www.kidspot.com.au/things-to-do/activity-articles/homemade-bean-bags-and-3-games-to-play-with-them/news-story/eaec9af9f02c00993915b61ac98a891b>

* Toss the beanbag in the air and see how many times you can catch them without dropping it. Then make it harder by catching it between your thumb and first finger or throw from your right hand to your left hand and back again.

* Bean bag catch. Give a child a pot or a bucket and get someone to throw a bean bag to them. See how many times they can catch the bean bag in the pot before dropping it. Swop over and have a competition and see who can catch it the most.



* Bean bag basketball. Put a some buckets, bowls or boxes in a line or hang them in a tree. Each container has a score. Throw your beanbags into the containers and add up your score.



Frisbees—You can either use a real frisbee or make a paper plate one that you have decorated yourself (Make it as bright as possible).



* Put a large box at one end of your garden. Stand well back and see if you can get your frisbee into the box



* Get your family to stand well apart from each other and see if they can catch your frisbee. Throw your frisbee up into space so that the other catchers must move their feet to make a catch. This simple 'fun Frisbee game can involve running, and possibly some diving too so play safely!

* Sock ball football.

Make a goal between 2 objects eg flower-pots, books, soft toys etc. Make a penalty spot. Put your sock ball on the penalty spot and see how many goals you can score.



* **Water balloons**

(best done outside on a warm day)! Have a bucket of filled water balloons.

Remember to pick up your burst balloons at the end of your games so you protect wildlife and the environment.

* Water balloon catch.

Children can toss their water balloons back and forth to see how long they can keep their balloon from "splatting".



* Slippery Toss—Before the game starts have children soap up their hands with soap. They then throw their water balloons to each other and try and catch them. Not easy.

* See who can throw their water balloon the furthest without bursting them. Best done on grass.

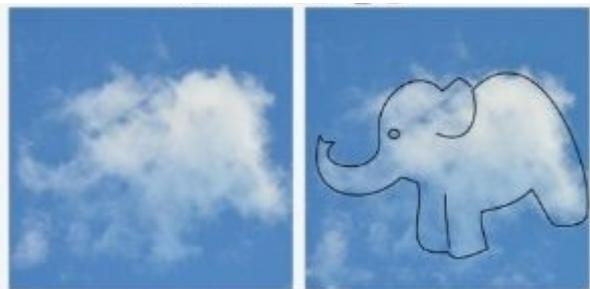


* **Target Splash**— Draw different targets on the ground with chalk (get permission from your parents first). Each target has a score. One at a time, try and hit the targets with the water balloons. If the water balloon doesn't pop, you get double the score

* **Laundry basket catch**— You'll need 2 laundry baskets, water balloons and a net (optional). Divide your family into two teams and give each team a laundry basket. Throw the balloons back and forth (over the net if you have one set up) and try and catch them in their baskets. Extra point for a balloon that is caught and not burst.



* **Cloud watching**— lay on the grass for a good few minutes to enjoy watching the clouds. It helps you all to relax and sparks the imagination.



* When you see a shape, explain what you see

* Describe where the cloud is and what it looks like

* If the clouds are moving slowly, you could draw them in a visual diary, or take photos of them like above.



* **Blow up a balloon**— Children can do this but must have adult supervision. You will need -

- * Bottle (plastic or glass is fine)
- * Funnel
- * Baking powder or baking soda
- * Vinegar
- * Balloon

* Use the funnel and tip the baking powder into the balloon. You want to fill roughly half the balloon with the baking powder. Set it aside until you have the rest of the experiment ready.



* Fill roughly half your bottle with vinegar. If your child doesn't know what to expect from this experiment, it might be a good opportunity to talk to them about what they predict might happen.

* Stretch the opening of the balloon over the mouth of the open bottle. Make sure you don't tip any of the baking powder into the vinegar just yet!



* When you're ready to start the experiment, tip the contents of the balloon (baking powder) into the bottle with the vinegar. You'll notice a chemical reaction start as soon as they make contact!

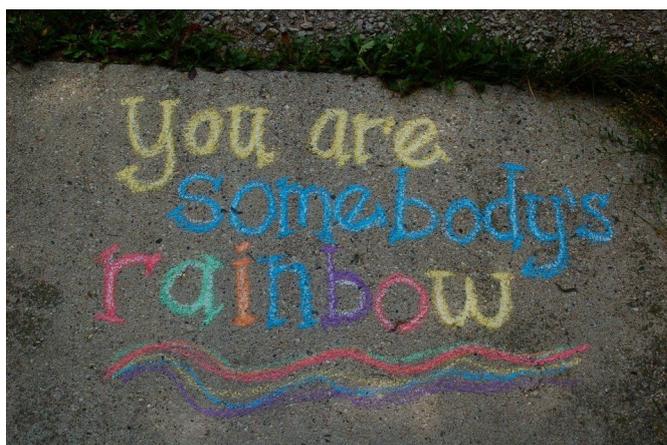


* Suddenly the balloon will begin to inflate. It's great fun to watch and certainly creates an impressive 'wow' factor.



* The acidity of the vinegar and the bicarbonate of the baking powder creates a chemical reaction when they are mixed together. They respond by creating bubbles of gas, which is carbon dioxide, and it is this that inflates the balloon.

Jesus told the disciples to spread the news about who He was. Spread some joy to others in your neighborhood with chalk messages or posters. (Remember to check with your parents that it is OK to chalk on the pavements).





Read the bible story and see if you can answer the questions.



Acts 1:1-11 Good News Translation (GNT)

1 Dear Theophilus:

In my first book I wrote about all the things that Jesus did and taught from the time he began his work ² until the day he was taken up to heaven. Before he was taken up, he gave instructions by the power of the Holy Spirit to the men he had chosen as his apostles. ³ For forty days after his death he appeared to them many times in ways that proved beyond doubt that he was alive. They saw him, and he talked with them about the Kingdom of God. ⁴ And when they came together, ^[a] he gave them this order: "Do not leave Jerusalem, but wait for the gift I told you about, the gift my Father promised. ⁵ John baptized with water, but in a few days you will be baptized with the Holy Spirit."

Jesus Is Taken Up to Heaven

⁶ When the apostles met together with Jesus, they asked him, "Lord, will you at this time give the Kingdom back to Israel?"

⁷ Jesus said to them, "The times and occasions are set by my Father's own authority, and it is not for you to know when they will be. ⁸ But when the Holy Spirit comes upon you, you will be filled with power, and you will be witnesses for me in Jerusalem, in all of Judea and Samaria, and to the ends of the earth." ⁹ After saying this, he was taken up to heaven as they watched him, and a cloud hid him from their sight.

¹⁰ They still had their eyes fixed on the sky as he went away, when two men dressed in white suddenly stood beside them ¹¹ and said, "Galileans, why are you standing there looking up at the sky? This Jesus, who was taken from you into heaven, will come back in the same way that you saw him go to heaven."

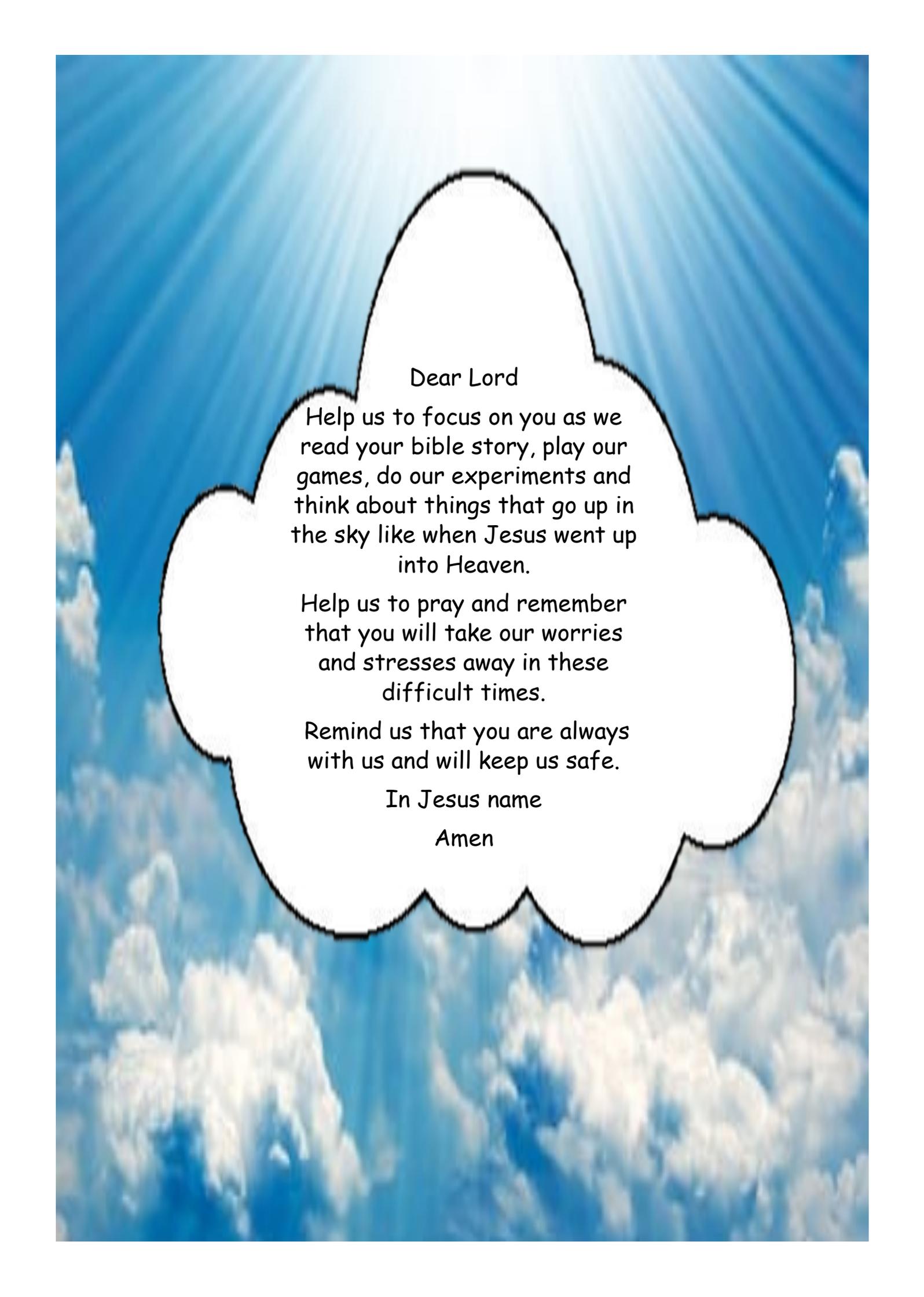
- Jesus promised that He would be with us always (Matthew 28:20). How can we remember this, and what might it mean?

- The disciples had to wait for Jesus to send the Holy Spirit. What is something that's tough to wait for? How can we be patient?

- Jesus wanted His followers to tell others about Him. Who can you tell the good news to, and how?

- Why do you think Jesus was visibly taken to Heaven this way? Why not just disappear?

Remember—in this story, the disciples watched Jesus go up into Heaven. We do not see Jesus from day to day, but we know that He is still with us and loves us. Because of that, we should also love one another and tell others about Christ, as we eagerly await His return.



Dear Lord

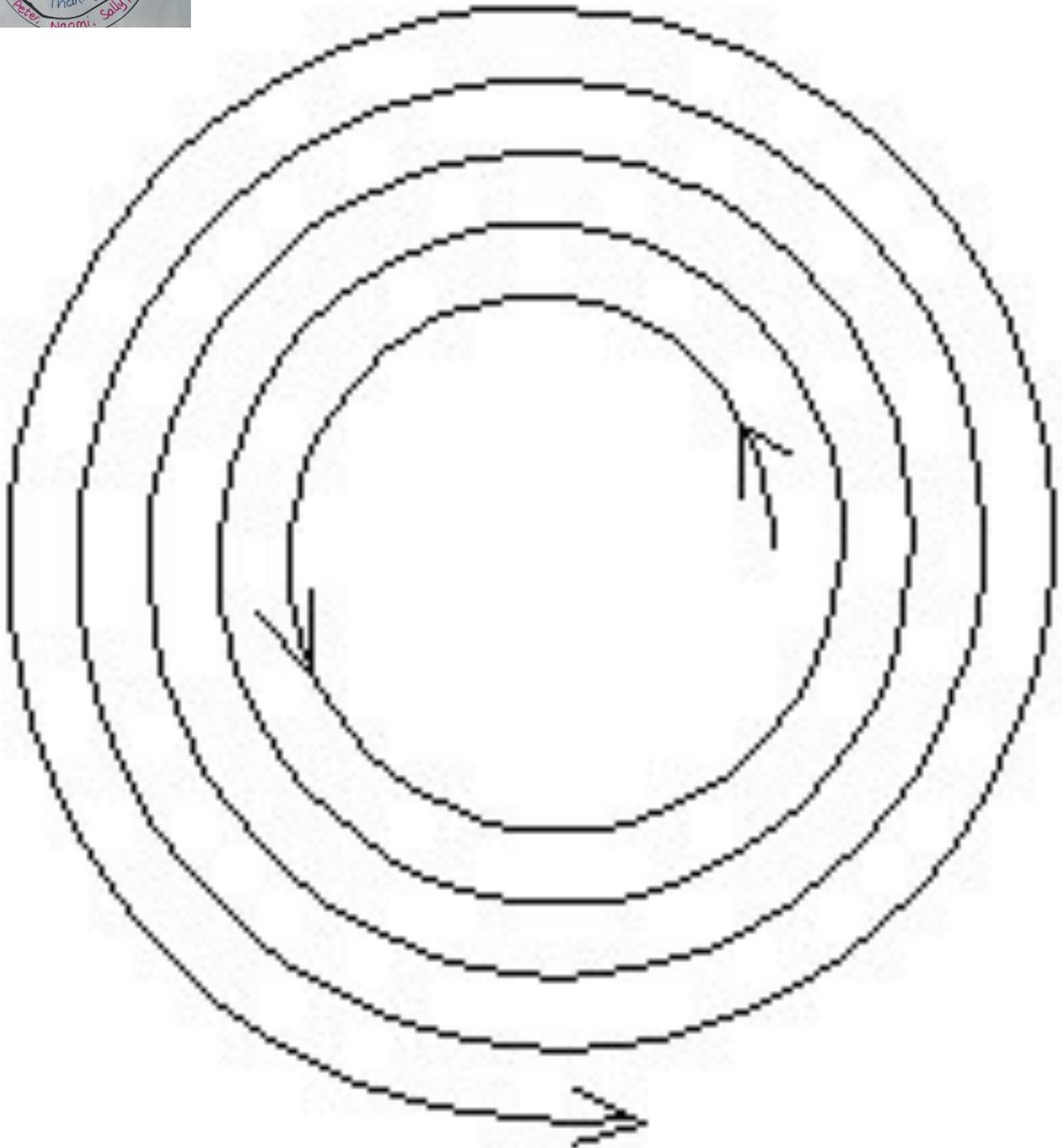
Help us to focus on you as we read your bible story, play our games, do our experiments and think about things that go up in the sky like when Jesus went up into Heaven.

Help us to pray and remember that you will take our worries and stresses away in these difficult times.

Remind us that you are always with us and will keep us safe.

In Jesus name

Amen



Spiral prayer

Think about things you would like to pray to Jesus about - help you need, what you want to give thanks for, blessings for others and write or draw them inside the spiral.

Cut the spiral out and thread a piece of string through the top so that you can hold the thread and the spiral will dangle down.

You can either hang it in your room or hang it from a tree.



We want to see Jesus lifted high.

Click on the Youtube link below and join in the song and actions

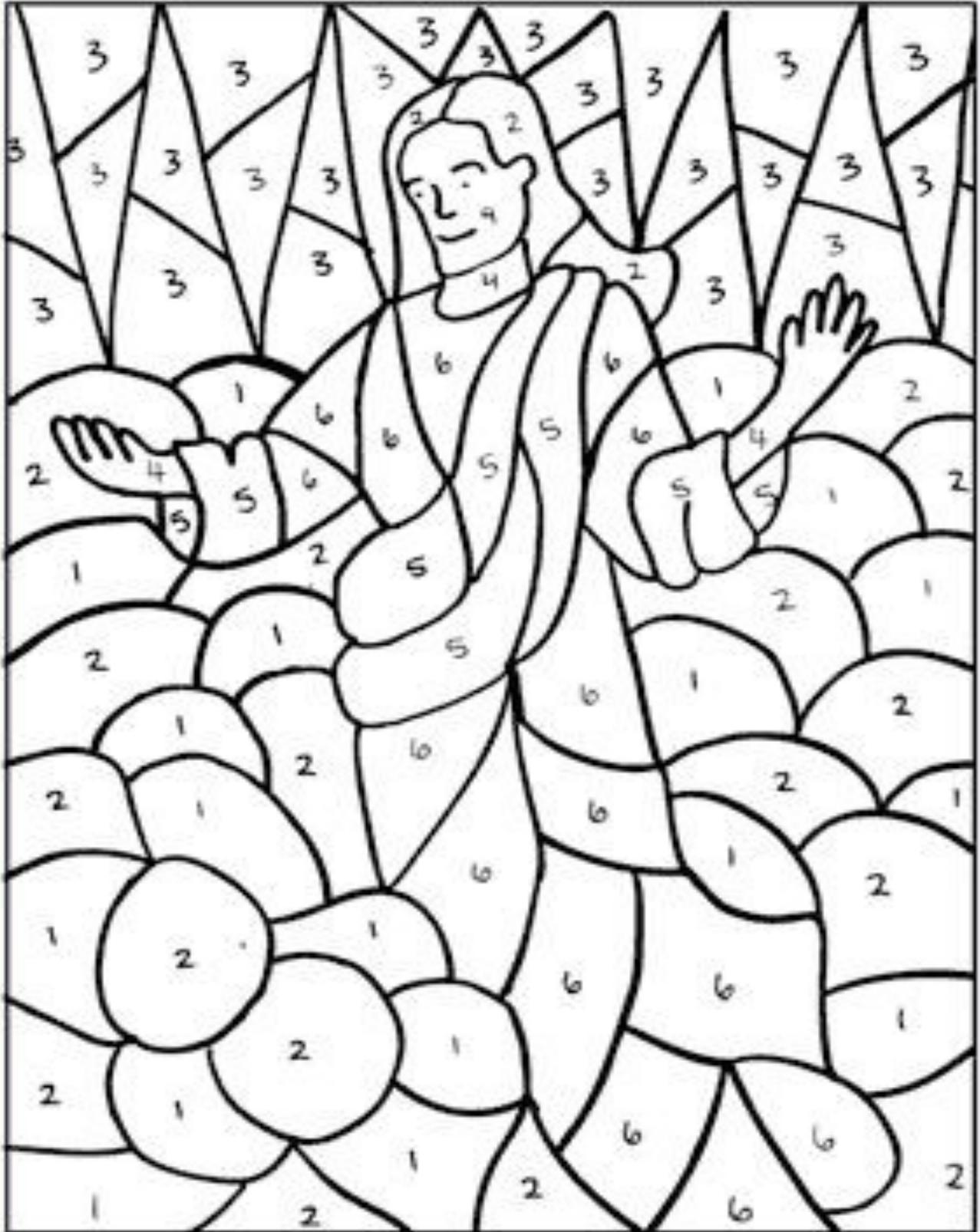
<https://www.youtube.com/watch?v=aZdi3uXhdec>



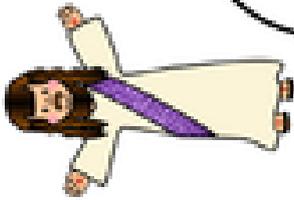


Ascension: Paint by Number

Paint the following blocks of numbers using 1. Yellow 2. Orange 3. Blue 4. Tan 5. Purple 6. Green.



Ascension Day Word Search



N A J T E J E S U S
 A F A T H E R O P B
 T M B C U R G N Z A
 I O E G H U V K F P
 O U L O Q S R I J T
 N N I S A A P E U I
 S T E P C L O U D S
 B A V E W E W D E E
 I I E L B M E G A N
 N S H F C R X L Y
 E P R E A C H D J M
 V D I S C I P L E S
 A S C E N S I O N O
 A S C E N S I O N O
 E A U T H O R I T Y
 H O L Y S P I R I T



JESUS
ASCENSION
POWER

JERUSALEM
AUTHORITY
MOUNTAIN

HOLY SPIRIT
DISCIPLES
PREACH

CLOUD
FATHER
BELIEVE

NATIONS
SON
JUDEA

BAPTISE
GOSPEL
HEAVEN



PAPER PLATE DOVES

1 - Cut a paper plate in half.

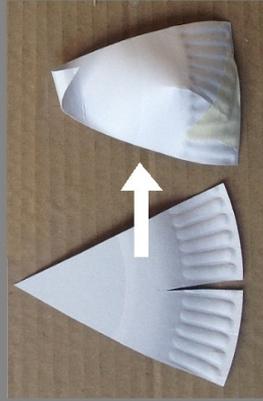


2 - Put the two halves together and cut about a third off like this . . .

4 - Cut out 'feather' shapes along both wings . . .



. . . save the off-cuts for later on.



5 - Take one of the smaller pieces of plate, cut a slit in the edge and pull it together to make it more 3D. Bend the top over to make a beak.

6 - Use the other smaller part of the paper plate to make the tail.

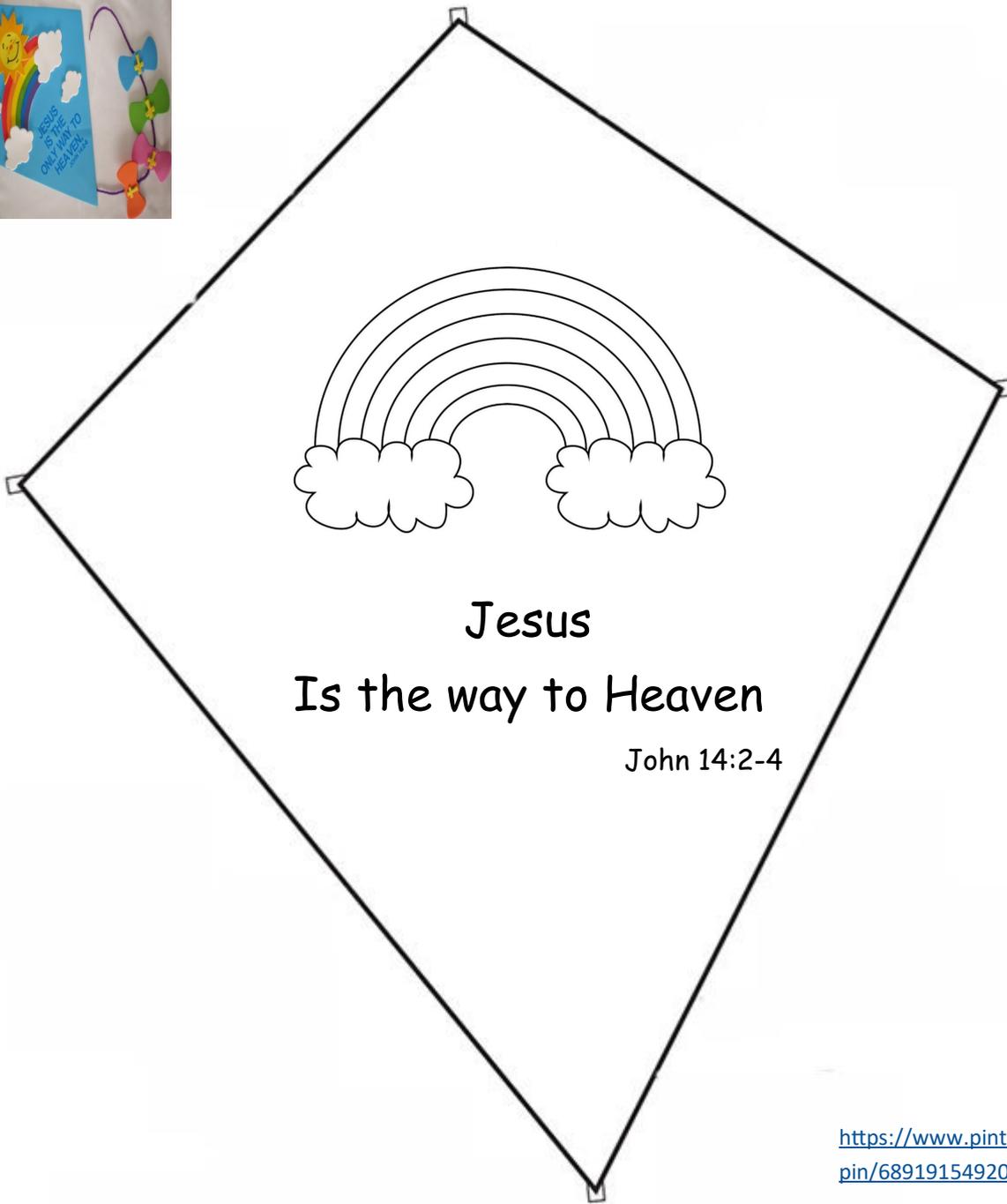


7 - Finally glue on any leftover pieces to make legs and extra tail feathers.



This has been an "art jumpstart" by Darrell Wakelam

Paper Plate Dove



<https://www.pinterest.co.uk/pin/689191549200008805/?>

Rainbow Kite

You will need:

- * Kite
- * Bows
- * String
- * Tape

Method:

1. Cut out the kite and bows.
2. Colour in the rainbow—red, orange, yellow, green, blue, indigo, violet.
3. Colour in the kite.
4. Colour in the bows make them as bright as possible.
5. Tape the end of the string to the back of the kite.
6. Tape the bows equal distance along the string.
7. Hang your kite in your room, in a window or from a tree so others can see it.